

Appendix 1

Ephesians 5:3 Quiz

Have you ever...?	Yes	No
1. Had a sexual thought about a woman, other than your wife, at church?	Yes	No
2. Lusted after another man's wife in your heart?	Yes	No
3. Undressed a woman with your eyes in person?	Yes	No
4. Undressed a woman with your eyes while watching TV or movies?	Yes	No
5. Undressed a woman with your eyes while looking at a magazine?	Yes	No
6. Rented or gone to an R-rated movie in hopes of seeing nudity or sex?	Yes	No
7. Looked at a naked woman online accidentally?	Yes	No
8. Looked at a naked woman online on purpose?	Yes	No
9. Talked "dirty" about a woman to yourself under your breath?	Yes	No
10. Listened to, or told, a "dirty" joke or story about a woman?	Yes	No
11. Looked at a "swimsuit" issue?	Yes	No
12. Looked at a scantily clad woman on a billboard?	Yes	No
13. Looked at a scantily clad woman on a stop sign or bus placard?	Yes	No
14. Been inside a strip club?	Yes	No
15. Watched a suggestive TV Commercial (cheerleaders, lingerie, perfume)?	Yes	No
16. Visually locked on to a body part as a woman walked by at the mall or past your car?	Yes	No
17. Looked at a Playboy or other "men's" magazine?	Yes	No
18. Watched risqué cable TV after your wife went to bed?	Yes	No
19. Recorded something with sexual content off of the cable to watch "later?"	Yes	No
20. Masturbated to thoughts of other women (real or imagined)?	Yes	No
21. Masturbated with a magazine?	Yes	No
22. Masturbated to something on the TV?	Yes	No

Appendix 2

How Are Christian Men Doing Questionnaire?

1. What is your view of porn?
2. How often do you view porn?
3. What is your view on prostitution?
4. Why do you think men use prostitutes?
5. Have you had a "traditional massage" where the masseur touched you sexually?
6. How did you respond when you were touched?
7. Do you feel that an "erotic massage" is the same as prostitution?
8. Have you ever had sexual intercourse with a prostitute?

Appendix 3

Pathos Screening Test

1. Preoccupied: Do you often find yourself preoccupied with sexual thoughts?
2. Ashamed: Do you hide some of your sexual behavior from others?
3. Treatment: Have you ever sought therapy for sexual behavior you did not like?
4. Hurt others: Has anyone been hurt emotionally because of your behavior?
5. Out of control: Do you feel controlled by your sexual desire?
6. Sad: When you have sex, do you feel depressed afterward?

According to the PATHOS screening test, a “yes” to any two questions indicates a possible sex addiction. A “yes” to three or more indicates sex addiction.

Appendix 4

Christian Men Speak Up Pledge

A Prayer and Declaration	
I Decree and Declare that this is Who I Am and Who I Choose to Be:	
1.	I Decree and Declare that I WILL RESPECT all women as equals.
2.	I Decree and Declare that I WILL ENGAGE only in sexual conduct that is mutual and respectful.
3.	I Decree and Declare that I WILL SPEAK UP to oppose sexism, jokes, or talk that denigrates women, recognizing that silence is complicity.
4.	I Decree and Declare that I WILL NOT ACCESS pornography, recognizing it as sexual exploitation.
5.	I Decree and Declare that I WILL NOT VISIT clubs and bars that exploit women through 'exotic' dancing.
6.	I Decree and Declare that I WILL NOT PARTICIPATE in any form of sexual harassment, including sexual insinuations and non-consensual physical contact.
7.	I Decree and Declare that I WILL NOT BUY sex from women or children, recognizing that sex trafficking prostitution is harmful.
8.	I Decree and Declare that I REJECT ALL FORMS OF SEXUAL VIOLENCE against women and children, including sexual assault, incest, date rape, marital rape, and rape in war.
9.	I Decree and Declare that I RECOGNIZE that all of the above are within my and other men's control, are not inevitable and can cease.
10.	I Decree and Declare that I WILL ENCOURAGE other men to adopt and live by this code, including teaching it to my children.

 Date

 Signature